



HELPING hands

Khaliq, Dave, Olga and Sandesh of KPMG have fun while raising money during the 2014 Big Brothers "Bowl for Kids Sake" event.



Paula Rees and Kyleigh Castronaro serve soup during the YMCA Megathon at the YMCA in Cambridge on March 1.



United Way staff members Amanda, Sarah and Peggy-Sue at the Community Achievement Night to celebrate the end of the 2013 campaign.

United Way of Cambridge & North Dumfries held their Community Achievement Night as they wrapped up the 2013 Campaign. Seen here are the recipients of their Bridge-Builder Award.



Danielle Butler, Lindsay Fuller and Ryan Meissner participate in the YMCA Megathon at the YMCA in Cambridge on March 1.



Darryl Sittler joined Sun Life Financial's while presenting a \$10,000 donation to The Kitchener and Waterloo Community Foundation will support the local farmers, artisans and merchants through the St. Jacobs Farmers' Market Vendor Relief Fund.

Staff members from the Home Hardware head office in St. Jacob's form a team and support the Alzheimer Society's Walk for Memories.



Chirag Sheth and Deepna Sunder pose for a photo during The Goose Chase Race in support of Canadian Diabetes Association at Shoeless Joe's in Waterloo on March 5.

Eunice Valenzuela (back left) and Lauris DaCosta (front right), past Focus on Friends Award Winners, with Joanne Samson, Jassy Narayan and Shobhana Ranjit, Focus on Friends Award Recipient (back row, centre) on March 6th at St. George Banquet Hall.



Mary Beth Wighton spoke at the Alzheimer Society of KW's 2014 Walk for Memories, proclaiming that she was 46 years old and living well with dementia.



On Feb. 18th Grand River Motorcycle Ride for Dad presented a cheque for \$130,842 to Grand River Hospital's Cancer Centre in support of prostate cancer.

giving back



"I've learned that volunteering is good for business, yes, but it's great for the soul. It's humbling to contribute to the caring, compassionate, important work of the Child Witness Centre Volunteer"

Doug MacMillan
President,
The Letter M Marketing
Child Witness Centre Volunteer



"I volunteer at the Child Witness Centre because I can use my computer skills and provide support to a very important organization that helps children and youth and their families."

Husayn Jamal
High School Student
Child Witness Centre Volunteer



DON'T LET SPRING THAW INTO YOUR BASEMENT

We've had a couple days of nice weather! Spring is around the corner, and with spring comes a lot of melt water. You might not want to think about it, but statistically speaking we get 30% of our yearly snowfall after March 1st! Read our latest Blog at www.erb-erb.com and check out some steps you can take to minimize any water damage to your home.

CONGRATULATIONS TO ERB AND ERB'S DON WALES

Don Wales won the Volunteer of the Year Award at this year's Greater KW Chamber of Commerce Business Excellence Awards. Don's efforts to support and grow the Chamber included increasing attendance for the Business After Five events and co-chairing the Chamber's golf tournament. Congratulations Don!



Here's Don Wales (L) receiving the award from Dr. Michael Kelly, Dean, Laurier School of Business & Economics.

WANT A CHANCE TO WIN A \$500 GAS CARD?

Head over to www.facebook.com/erbanderb and enter our contest to win a \$500 gas card. Where could you drive with \$500 worth of gas? Give us a like, enter the contest and we'll announce the winner once we reach 750 likes. Cruise into Spring with a few tank loads of gas!

To learn more about our organization visit www.erb-erb.com

TALKING ABOUT...

Erb and Erb Insurance Brokers Ltd. and Waterloo Region Record are proud to share the Helping Hands community pages. You will find people in your neighbourhood working together to build a strong community and reaching out to support people in need. We hope that you will share your charitable stories with us by sending us photos for the next edition. It is our hope that these pages will give us an opportunity to shine the spotlight on our local heroes.



"I came here from Stratford. I stayed at the Men's Hostel for a month in August 2013. The Community Support Worker helped me to find a room to rent. Now I really enjoy volunteering with her (House of Friendship), it helps my self-esteem".

Alex Becker
House of Friendship Volunteer



Look for the next Erb and Erb "Helping Hands" feature April 26, 2014!
Deadline for photo submissions is April 21, 2014!

SEND US YOUR PHOTOS! We are looking for everyday moments in the charitable community! Submit your photo and a brief caption to communitypages@therecord.com Please put HELPING HANDS in the subject line of your email.

In addition to our Helping Hands community page, we also feature a monthly community page for moments in the sports community, arts community and local business.