



HELPING hands

giving back



NEW RULES FOR THE SAME OLD ROADS

Drivers who do not obey the new traffic laws do so at the peril of their wallets, if not their lives. In an effort to reduce accidents, injuries and fatalities a number of fines have been increased and a number of changes to existing laws introduced. Want to know more? Visit www.erb-erb.com and you'll see the new entry on the right side. From the car insurance experts at Erb and Erb Insurance Brokers Ltd.

WOMEN'S CRISIS SERVICES ANNUAL GOLF TOURNAMENT

On August 18th the Women's Crisis Services of Waterloo Region had their annual Golf Tournament. Great fun was had by all! Did you miss it? Make sure you visit www.wcswr.org/join-us/events/golf2015/ You can find great information about upcoming events for Women's Crisis Services and donate or find out how you can volunteer your talents!

ONTARIO FLOOD INSURANCE

Canada is the last G7 country to get flood, or overland water, insurance. What does that mean to you and why is it so important? Check out Erb and Erb Insurance Brokers Ltd. new page devoted especially to flood insurance in Ontario. www.ontariofloodinsurance.com has a lot of great information about why flood insurance is important and why water insurance claims are now the number 1 claim in Canada. This from the flood insurance experts at Erb and Erb Insurance Brokers Ltd.

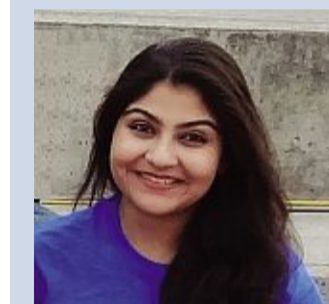
TALKING ABOUT...

Erb and Erb Insurance Brokers Ltd. and Waterloo Region Record are proud to share the Helping Hands community pages. You will find people in your neighbourhood working together to build a strong community and reaching out to support people in need. We hope that you will share your charitable stories with us by sending us photos for the next edition. It is our hope that these pages will give us an opportunity to shine the spotlight on our local heroes.



"As a father of a young daughter, I wanted to make a positive difference in the community that she is growing up in. My sister's involvement in 100 Women Who Care inspired me to launch 100 Men Who Give a Damn in the Waterloo Region. This organization raises money to help local charities. We are impacting our community one cheque at a time!"

William Wallace
Founder of 100 Men Who Give a Damn in Waterloo Region



"My time with MCRS has been an incredible experience especially because I get to apply my skills to help and raise awareness about the issues facing refugee claimants in Canada. It has also been rewarding to see people helping people regardless of culture, coming together to build a stronger community."

Wafaa Jawed
Volunteer
The Mennonite Coalition for Refugee Support (MCRS)



"What makes Shinerama so special is the Laurier community uniting for the cause. Our school feels like it's our mission to fight, and end, Cystic Fibrosis, and that feeling has led to amazing fundraising results for Laurier. We have so many people passionate about Shinerama, and I definitely feel honoured to be representing our students' passion with our campaign."

Al DeCiantis
Wilfrid Laurier University
Shinerama Coordinator



Failte Irish Pub in Uptown Waterloo held their 18th annual golf tournament to benefit KidsAbility on July 29. \$10,000 was raised for KidsAbility and an additional \$3,500 was donated to Bentleys Journey to Walk. Over the past 11 years, Failte's contributions to children's charities now surpass \$12,000!



On August 12, Chuck New and John Brady from Unifor Local 414 enjoyed a day of sport, friendship, and fundraising at the 26th Annual Golf Tournament in support of The Working Centre and St. John's Kitchen. Many thanks to the enthusiastic tournament sponsors - Lear, Unifor and MTD - and to the golfers for their ongoing generosity to support those looking for work or access to a daily meal.



Grand River Rocks held a charity bouldering competition on August 5th in memory of Alex Foto. She was tragically killed in a bicycle accident last August. All proceeds went to World Vision, the organization Alex was most passionate about. In total, over 130 people competed and \$700 was raised to bring clean water to the developing world.



Committee Members Leo Tobl and Todd Alchison along with their guests enjoy the fundraising golf tournament for Women's Crisis Services of Waterloo Region. Photo courtesy of Lindsay Coulter.

Over the past year, the volunteers at the Waterloo Region Suicide Prevention have donated 1,420 hours! This summer, our volunteers have helped organize the annual Daniel Tudisco Memorial Golf Tournament, distributed our resources to the community, facilitated a bereavement peer support group, and much more. They are currently planning Suicide Prevention Day for September 10. We love our volunteers!



House of Friendship's aWESOME Wall connects the community! Thank you to all of the volunteers and collaborators who put their hands to work this year to beautify a space and demonstrate what can happen when neighbours work together - you're aWESOME!



Members of 100 Men Who Give a Damn presented a cheque for \$6,100 to Family and Children's Services SmileMakers Fund on August 10th. The local organization meets quarterly, each member with a \$100 cheque in hand, and presents the donations to a charity in need of funding. The next meeting is October 22nd at the Huether.



This past weekend was the annual Wilfrid Laurier University Shinerama Softball Tournament and Silent Auction. All of the Orientation Week volunteers and Laurier students participated in a friendly softball tournament and silent auction to raise money for Cystic Fibrosis research!



This year's Chill Bar & Grill Charity Golf Tournament was August 11 at Grey Slo Golf Club. The tournament is an annual event that has raised more than \$110,000 for Grand River Regional Cancer Centre and the Children's Wish Foundation. The Grand River Hospital Foundation thanks Chill Bar & Grill for continuing to support patient care in the community.



Look for the next Erb and Erb "Helping Hands" feature September 26th, 2015!
Deadline for photo submissions is September 23rd, 2015!

SEND US YOUR PHOTOS! We are looking for everyday moments in the charitable community! Submit your photo and a brief caption to communitypages@therecord.com Please put HELPING HANDS in the subject line of your email.

In addition to our Helping Hands community page, we also feature a monthly community page for moments in the sports community, arts community and local business.