



HELPING hands

Working Adults Learning Empowering Skills (WALEs) volunteer at The Food Bank and they volunteered to "Try a Build" during Construction at Conestoga Mall to raise food and funds for those in need.



Stephanie Kropf Gibson (left) and Valerie Taves of Epicure Selections show their appetizers in support of Hospice of Waterloo Region during the Twentieth Annual Spring Promenade Fashion Show at Bingham's Marshall Hall on April 16.



Spuddy takes to the ice to say thank you to the many volunteers and students who collected spuds and donations for the 2014 February Potato Blitz in support of House of Friendship.

Linda Kenny, CEO of KidsAbility Centre for Child Development, speaks to the audience during the grand opening of the KidsAbility Centre for Autism in Kitchener at their Hanson Avenue location on March 31.



Waterloo's 2014 State of the City Address, presented by Waterloo Mayor Brenda Halloran, who was introduced by Mayor for the Day winner Ryan Jobby, who helped the Rotary Club of Waterloo raise \$4,000 each for KidsAbility and the new Rotary Peace Scholarship Initiative at the University of Waterloo.



Judy Naim and Lori Helm of Hospice of Waterloo Region wait for the show to begin at the Twentieth Annual Spring Promenade Fashion Show at Bingham's Marshall Hall on April 16.

By 2 a.m. MTE were putting the finishing touches to their Construction creation to help The Food Bank raise over 24,000 lbs of food plus funds needed to deliver the food where it is needed.



Thanks to Target staff for experiencing team building, food bank style! The Food Bank provides an opportunity to improve communications, problem solving and other skill development while sorting food for our agencies.

Volunteer collected spuds and donations at FreshCo on Weber St. for the Super Market Blitz in support of House of Friendship.



The Scorpions 14U Volleyball team recently raised and donated \$321 to the Cheryl Recraft Bursary. This bursary allows children in the Spikes Volleyball program to play for free if they cannot afford it.

New Hamburg Lionsess Jan Boucher presented Greg Yeoman with a cheque for \$250.00 representing his first place finish in Lions District A15 Peace Poster contest.



Kerry Cressman, Susan Lott, Jessica Hutchison and Sue Simpson of KidsAbility pose for a photo during the grand opening of the KidsAbility Centre for Autism in Kitchener at their Hanson Avenue location on March 31.

giving
back



"I have willingly dedicated hundreds of hours to helping deliver the Kitchener-Waterloo Art Gallery's mission of connecting people and ideas through art. I believe it is so important for the community to nourish peoples effort and abilities. People deserve beauty and happiness within their community."

Rita Ross
President of the Board of Directors
Kitchener Waterloo Art Gallery



"Volunteering is very fun! It has been awesome to learn, share, and grow as volunteer and a leader, while helping THEMUSEUM with some of their many programs. I love interacting with the kids while helping them to understand concepts."

Kiran Veluvolum
THEMUSEUM Volunteer
Outstanding Youth Recipient
Volunteer Impact Awards



"We believe volunteering is a price we all pay to occupy a space on this earth. Together volunteers build caring, compassionate and united communities."

Tracey Johnston-Aldworth and Randy Warren
Recipients Small Group Engagement Volunteer Impact Awards, Volunteer board members - 25 years!
Sun Life Financial Waterloo Busker Carnival



"I started volunteering because I thought it was an excellent way to give back to the community and help others... but I found not only are you sharing your own skills, knowledge and expertise, but you are also gaining new ones to add to my 'treasure chest' of skills. Volunteer work should not and doesn't have to be a chore or an obligation you feel like you have to do; find something that interests you and have fun!"

Jen Phaboriboun
Administrative Volunteer
Volunteer Action Centre

DISTRACTED DRIVING – CAUSES THE MOST ACCIDENTS

Did you know that distracted driving is the cause of more accidents than any other cause? Did you know there are new fines for being charged with distracted driving? Check out our new blog entry by visiting www.erb-erb.com and clicking on the latest blog link. Lots of information and car safety tips. Drive safely!

KIDS CAN'T WAIT – RADIOTHON

Is taking place May 2nd from 6am to 6pm at Conestoga Mall come on out to help KidsAbility raise some funds. The KidsAbility Foundation makes a difference in the lives of thousands of children and youth with special needs. Please visit www.kidsability.ca/en/radiothon to learn more about how you can help!

FACEBOOK CONTEST

Summer is coming! And with summer comes the Great Canadian Road Trip. Erb and Erb Insurance Brokers wants to help with gas costs. Like our Facebook page enter the contest and you could be the lucky winner of \$500 worth of gas cards! Visit www.facebook.com/ErbandErb. Hurry, once we hit 750 likes we'll be drawing a winner.

TALKING ABOUT...

Erb and Erb Insurance Brokers Ltd. and Waterloo Region Record are proud to share the Helping Hands community pages. You will find people in your neighbourhood working together to build a strong community and reaching out to support people in need. We hope that you will share your charitable stories with us by sending us photos for the next edition. It is our hope that these pages will give us an opportunity to shine the spotlight on our local heroes.



SEND US YOUR PHOTOS! We are looking for everyday moments in the charitable community! Submit your photo and a brief caption to communitypages@therecord.com Please put **HELPING HANDS** in the subject line of your email.

In addition to our Helping Hands community page, we also feature a monthly community page for moments in the sports community, arts community and local business.