



**ERB and ERB**  
INSURANCE BROKERS LTD.

# HELPING hands

giving back



"I volunteer as a DIG IN site captain for The Food Bank of Waterloo Region because I know our community has many families receiving food assistance. I know that my team of volunteers will experience the joy of being part of the circle of giving and receiving."

**Laurie Strome**  
Circulation Services Supervisor  
Dana Porter Library,  
University of Waterloo  
Food Bank Volunteer



"I support The Food Bank of Waterloo Region because it is a great example of our community working together to support one another. As a new father I am even more aware of how important it is to be a role model and to help where I can."

**Justin Lavoie**  
Associate Vice President,  
Waterloo Region  
Colliers International  
Food Bank Volunteer



"Day of Caring for me is an opportunity to give back. I'm fortunate to work for an organization that encourages us to play an active role in our community. For me, Day of Caring makes sense; it allows me to see where my money is making a difference and to do my part in making this a safe, engaging community for my family to live. Hats off to United Way for giving me the chance to make a difference!"

**Alexandra Lippert**  
University of Waterloo  
United Way Volunteer



"I am proud to be involved with the DIG IN food drive each year. It is a great way to rally my children, friends and community to support the tens of thousands of people living in Waterloo Region who rely on The Food Bank."

**Beth McLay**  
Business Manager  
McLay Law  
Food Bank Volunteer



## Is Your Company Contracting Work Out?

There are many ways businesses look to save money and one way is to contract out for certain projects or services. This allows your company to focus on what it does best. But, do you know if that third party company, whether it is an IT company, building contractor, or some other vendor, has insurance for their business? Did you check? Visit [www.erb-erb.com](http://www.erb-erb.com) and read our latest blog entry to find out why dealing with insured businesses is important.

## The August Civic Long Weekend is Almost Here!

Wondering what to do? Well look no further than these great websites, which offer information on area events and festivals!  
[www.kitchenerevents.ca/en/](http://www.kitchenerevents.ca/en/)  
[www.explorewaterlooregion.com/](http://www.explorewaterlooregion.com/)  
[www.cambridge.ca/community\\_services/special\\_events\\_festivals](http://www.cambridge.ca/community_services/special_events_festivals)  
<https://www.visitguelphwellington.ca/>

## August 23 - 24th Experience African and Caribbean Culture!

The LINK Picnic Festival is taking place in Victoria park on August 23rd and 24th. Enjoy carnival costumes, drumming sessions, a children's village with crafts, games and races, and of course food, and so much more! For more information please visit [www.linkpicnicfestival.com](http://www.linkpicnicfestival.com). With it comes our New Newsletter.  
**The Summer 2014 ProvERB!** Check it out here: <http://www.erb-erb.com/blog/entryid/5441/summer-2014-newsletter>

To learn more about our organization visit [www.erb-erb.com](http://www.erb-erb.com)

## TALKING ABOUT...

Erb and Erb Insurance Brokers Ltd. and Waterloo Region Record are proud to share the Helping Hands community pages. You will find people in your neighbourhood working together to support people in need. We hope that you will share your charitable stories with us by sending us photos for the next edition. It is our hope that these pages will give us an opportunity to shine the spotlight on our local heroes.



Marking founding director Joe Cramer birthday, July 13, and House of Friendship's 75th year of service to the community



Committee member Richard Dyck and friends golfing in support of House of Friendship



Volunteers pose with House of Friendship's founding director Joe Cramer or Volunteers Alex, Wayne, Diana and Bruce pose with House of Friendship's founding director Joe Cramer



Big smiles under sunny skies at the 19th annual Friendship Golf Tournament



Lori Williams greets golfers at the Friendship Golf Tournament in support of House of Friendship



Board member Mary Friessen and House of Friendship Executive Director John Neufeldt greet guests at the Friendship Golf Tournament



Golfers Christine Rier, Glenn Stewart and Ed Ruppe show their support of the 19th annual Friendship Golf Tournament



Fred Martin and Evan Bechtel give thumbs up for the 19th annual Friendship Golf Tournament in support of House of Friendship



Competition winners at the 19th annual Friendship Golf Tournament held recently in support of House of Friendship

Look for the next Erb and Erb "Helping Hands" feature August 23, 2014!  
Deadline for photo submissions is August 18, 2014!

SEND US YOUR PHOTOS! We are looking for everyday moments in the charitable community! Submit your photo and a brief caption to [communitypages@therecord.com](mailto:communitypages@therecord.com) Please put HELPING HANDS in the subject line of your email.

In addition to our Helping Hands community page, we also feature a monthly community page for moments in the sports community, arts community and local business.